



# RUN & Walk

www.audubondays.com

Saturday, OCTOBER 4, 2008

Mayville, WI

**THE COURSE**

The 5K RUN & walk course has rolling hills through the city & countryside always receiving rave reviews for its level of challenge, quality and scenery. See www.audubondays.com for course map.



**SCHEDULE 5K RUN & WALK** Firemen's Park  
**8:00 AM** Packet pick-up & race day registration

**9:00 AM START 5K RUN / WALK**

**FEES:**

|                           |                               |
|---------------------------|-------------------------------|
| <b>INDIVIDUAL</b>         | <b>FAMILY (3 people)</b>      |
| \$15.00                   | \$35.00                       |
| \$20.00 (after 9/22/2008) | \$45.00 (after 9/22/2008)     |
|                           | +\$10.00 added family members |

**DIVISIONS & AWARDS**

**5K RUN**

Trophies top male & female  
 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> in each division  
 (19 & under, 20-29, 30-39,  
 40-49, 50-59, 60 & over)

**1K Kid's RUN**

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> in each division  
 (8 & under 9-12)

**5K Walk** is non-competitive.

- ◆ Splits & water stops
- ◆ Long sleeve T-shirt (pre-register guarantees race day shirt)

- ◆ **1K kid's run** is within the park for age 12 & under (10:00 AM start)
- ◆ Kid's short-sleeve shirt

(920)387-5776  
 (800)256-7670

**REGISTRATION**

**INDIVIDUAL**

(Please fill out one form per person for each event & staple Family Forms) \_\_\_\_\_

email

name

phone

Address

city

state

zip

Circle all that apply + AGE

| Event        | Shirt Size    |
|--------------|---------------|
| 5K Run       | <b>Adult:</b> |
| 5K Walk      | Small         |
| 1K Kid's Run | Medium        |
|              | Large         |
|              | X-Large       |
| Gender:      | <b>Youth:</b> |
| M      F     | M (10-12)     |
|              | L (14-16)     |
| Age race day |               |

*Waiver: In signing this release for myself or the named registrant, I acknowledge its intent. I understand and agree that the Mayville Area Chamber of Commerce and its officers or members are not insurers of my personal safety during the Audubon Days Run/Walk or any other event. I release them and I agree to hold them harmless from any and all liability arising from my participation in these events. I will not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race.*

Signature (signature of parent or guardian if under age 18)

**Mail Entry & Check to: Mayville Area Chamber  
 P.O Box185,  
 Mayville, WI 53050**

**Total Enclosed =** \_\_\_\_\_

**NOTE:** Event organizers will not be responsible for unclaimed T-shirts or awards after race day.